

MOVE MORE SCHOOL STANDARDS

NEEDS IMPROVEMENT—Not meeting the law and/or policy

MINIMUM STANDARD—Letter of the law and/or policy or Consensus Panel recommendation when no policy exists

SUPERIOR STANDARD—Above and beyond the law and/or policy or Consensus Panel recommendation when no policy exists

Needs Improvement		Minimum Standard (Minimum Standard requires meeting both Physical Education and Physical Activity criteria)		Superior Standard (Superior Standard requires meeting both Physical Education and Physical Activity criteria)	
Qualified Teachers Certification/Licensure	Physical Education (PE)	Physical Activity (PA)	Physical Education (PE)	Physical Activity (PA)	Physical Education (PE)
Time Allocation Students	One or more PE teachers on staff not licensed	N/A	All PE teachers licensed in Physical Education	N/A	All PE teachers have a 4-year degree in PE and/or national board certification in PE
	Throughout the 180 day school year, offer: Grades K-5: PE less than 90 minutes each 5 day school week Grades 6-8: PE less than 90 minutes each 5 day school week Grades 9-12: Non-compliant with graduation requirement	Throughout the 180 day school year, offer: PA not offered daily	Throughout the 180 day school year, offer: Grades K-5: Minimum of 90 minutes each 5 day school week Grades 6-8: Minimum of 90 minutes each 5 day school week Grades 9-12: One unit ¹ of Healthful Living	Throughout the 180 day school year, offer: Grades K-5: PA at least 30 minutes each instructional day ² Grades 6-8: PA at least 30 minutes each instructional day ² Grades 9-12: N/A	Throughout the 180 day school year, offer: Grades K-5: PA more than 30 minutes each instructional day ² Grades 6-8: PA more than 30 minutes each instructional day ² Grades 9-12: PA more than 30 minutes each instructional day ² Additional PA opportunities during the school day
Duty Free Period	One or more PE teachers do not receive duty free period for planning in addition to lunch	N/A	All PE teachers have at least one duty free period for planning in addition to lunch	N/A	All PE teachers and PE department heads have the same duty free period(s) in addition to lunch as other teachers and department heads
Class Size	Grades K-5: 1:25 teacher/student ratio in less than the majority of PE classes Grades 6-12: 1:30 teacher/student ratio in less than the majority of PE classes	N/A	Grades K-5: 1:25 teacher/student ratio in majority of PE classes Grades 6-12: 1:30 teacher/student ratio in majority of PE classes	N/A	Grades K-5: 1:25 teacher/student ratio in all PE classes Grades 6-12: 1:30 teacher/student ratio in all PE classes
Facilities	There are no assigned locations for all PE classes appropriate for teaching PE as defined by: Grades K-5: ^{3, 4} More than 60 students in a full size gym Grades 6-8: ^{3, 4} More than 60 students in a full size gym Grades 9-12: ^{3, 4} More than 60 students in a full size gym	The classroom is the only location available to accumulate PA excluding PE class	There is a dedicated location for all PE classes appropriate for teaching PE as defined by: Grades K-5: ^{3, 4} No more than 60 students in a full size gym Grades 6-8: ^{3, 4} No more than 60 students in a full size gym Grades 9-12: ^{3, 4} No more than 60 students in a full size gym	The classroom, and one additional location such as a walking trail, (excluding PE class) is available to accumulate PA	There is a dedicated location for all PE classes and access to other areas that would enhance PE such as multi-purpose room, fitness trail, swimming pool, climbing wall, computerized fitness lab as defined by: Grades K-5: ^{3, 4} Less than 60 students in a full size gym Grades 6-8: ^{3, 4} Less than 60 students in a full size gym Grades 9-12: ^{3, 4} Less than 60 students in a full size gym
Equipment/Supplies	Insufficient equipment/supplies to facilitate maximum learning and practice time for all students in each PE class period	Insufficient equipment/supplies to accumulate PA excluding PE class	Sufficient equipment/supplies to facilitate maximum learning and practice time for all students in each PE class period	Sufficient equipment/supplies to accumulate PA excluding PE class	Extensive variety of equipment/supplies in sufficient quantities to facilitate maximum learning and practice time for all students in each PE class period

1. Unit is defined as 130 credit hours on a block schedule and 150 credit hours on a traditional schedule
2. This may be met through a combination of PE and other activities such as recess, dance and other curriculum-based physical activities. PA should complement, not substitute for PE.
3. Based on NASPE recommendations for 110-150 square feet per student for elementary schools. There are no specific recommendations for middle and high school. Until such time that the research provides a standard, the elementary recommendation will be used as a guide.
4. Standards are set using 70 x 100' for the dimensions of a full size gym or multipurpose room.